



CHURCH SERVICES

3	11.00a.m.	Holy Communion	St. Marys	Dawn
10	9.30 a.m.	Morning Service	St. Marys	John
17	11.00a.m.	Holy Communion	All Saints'	Dawn
24	9.30a.m.	Morning Service	All Saints'	Dawn
31	10.30a.m	Benefice Service	All Saints	Dawn with

Mark & Debra from Samaritan's Purse

Saxlingham Services 3rd 9.30am, HC 10th 11.00am Matins 17th 9.30am HC, 24th 8.00am HC 11.00am

Church flowers

All Saints -Trish Leighton, Christine Howes, South Window -Jane Blease
St Mary's - Judith , Valerie, Elaine

What's on

2	Concert	7.30pm St Andrews church Eaton
3	Village Walk	10.15am Trinity hall
6,13,20	Yoga	6.30pm Trinity hall
7	Local elections	7am-10 pm Trinity hall
8	Film Night- The Marching Band	7.30pm Trinity hall
12	Parish Council meeting	7.30pm Trinity hall
13	Poringland WI	2.0pm-4.0pm Poringland community centre
17	Shotesham Park Walk	11.00am Shotesham Park
20-23	Gaslight Saxlingham Play	7.30pm Saxlingham
20	Mobile Library	10.15 Grove 10.35 The Street
27	Garden Group visit -Knapton	9.30am Trinity hall

Diary Note : As part of South Yare Art Trail, there will be an Open Studio by local artists at **Shotesham Kin Coffee Yard on 6/7th June from 10am - 5.30pm.** Free entry, all welcome, more detail available at www.SouthYareArtTrail.co.uk

Thanks to John and Kathy Beeson who have kindly sponsored this edition of Contact



SHOTESHAM CONTACT May 2026

Thought from Dawn

It is obvious from recent conversations with a wide range of people, that the current content of the news can be deeply unsettling and upsetting. Some no longer watch, while others (myself included) limit their intake of news to manageable amounts. It pays to protect our 'peace of mind'.

On this topic, several factors have been found to enrich our mental and emotional stability. Some are common-sense things, such as avoiding self-pity and accepting the fact that challenges and problems are a part of life. But research has identified other factors which contribute to our peace of mind.

These include; the ability to forgive, to avoid living in the past, and a belief in something larger than oneself.

The Bible has a lot to say about practicing forgiveness, living in the present, letting go of our anxieties through trust in God, believing in God's love for us, and looking forward to a better future. These all contribute to a happier, healthier, mental outlook.

What better time to review and improve your own mental resilience – not simply for your own benefit but to be better equipped to help others?

Peace to you

With every blessing

Dawn

Team Rector dawndavidson@btinternet.com **01508 498924**

Shotesham Parochial Church Council

At the Parochial Church Council annual general meeting in April churchwardens John Torbitt and Jane Blease were re-elected. The treasurer is Justin Rolph and secretary Patricia Leighton.

Concert in St Andrews church Eaton Saturday 2nd May 7.30pm

Framingham Earl Singers and Wymondham Abbey choir

Singing Dvorak mass in D major and S S Wesley anthems

Tickets £10 on the door or for details info@framinghamearlsingers.co.uk

Parish Council

The closing date for registering and commenting on EastPyesolar application is 9th June at 23.59pm

We will be delivering information to you on how you can be involved.

You are invited to come to a meeting to hear what the Parish Council has been doing on your behalf over the past year. We would also like your input on what you feel could improve the conditions in the village.

We have an ambassador from the Priscilla Bacon Lodge joining us to talk about the work they do, both at P B L itself and in the community.

Hopefully questions will be taken...from us all.

The meeting will be held on Tuesday 12th of May at 7.30pm, in the Trinity Hall. Please join us.

Shotesham Film Night

The Marching Band will be shown on Friday May 8th at the Trinity at 7:30pm. Tickets £5. All are welcome.

Booking via Lindsay on 07702832033 or lindsayheywood3@gmail.com

"Thibaut is an internationally renowned conductor who travels the world. When he learns he was adopted, he discovers the existence of a younger brother, Jimmy, who works in a school cafeteria and plays the trombone in a small marching band. Everything seems to set them apart, except their love of music. Sensing his brother's exceptional talent, Thibaut decides to remedy the injustice of fate. Jimmy begins to dream of a different life...."

"Emmanuel Courcol's Gallic charmer is a film we need right now: a story in which people learn to be their best selves; that pays respect to working communities torn apart by the global economy; a story, moreover, centred on a brass band. Because who can resist an oompah-ing trombone, after all? They exist to make us smile"

Poringland WI. Next meeting is on Thursday 13th May at Poringland Community Centre 2pm until 4pm.

The Speaker will be Peter Lawrence, and his subject is "Reading the Timbers", A look at Tudor buildings, and their Timbers.

New Members always welcome. Please feel free to come along and meet us, to find out what we're all about, you'll get a warm welcome, and you might find you'd like to join us

Shotesham Village Association

Firstly apologies to Tom Higgin, who was omitted from the list of committee members last month. We are delighted that Tom has agreed to stay on the committee for the foreseeable future!

Future events-

Sunday 17th May - Shotesham Park Walk

"Shotesham Park, with support from the Shotesham Village Association, is pleased to invite you to an Estate Walk on Sunday 17th May at 11am. Please follow the signs from Norwich Lodge on Mill Lane NR15 1UX. The walk will be followed by a BBQ at approximately 1pm.

We will be walking for at least an hour in total, so please wear suitable clothes and footwear, and there will be activities for children, so it would be good to see all ages. Unfortunately we cannot accommodate any dogs

.Numbers are limited so please RSVP by 8th May with names and numbers to jonnett@shoteshampark.co.uk"



Garden Group The garden group have organised a visit to English Peonies at Church Farm House,

Knapton NR28 0AD on Wednesday 27th May. There should be an abundance of peonies and roses to admire.

There will be a tour of the garden and peony field, with tea, coffee, homemade cake and scones provided-£10/person.

We are aiming to arrive about 10.30. If you want to share lifts we can meet at **9.30 at the Trinity.** Please can you let me know if you intend coming and also if you would like a lift. **Judie - judieharrison5**

