

A FRIENDLY FACE

LOCAL EVERYDAY SUPPORT & HOME HELP

I'm Yas, I offer reliable & conscientious assistance for those who would appreciate a little extra help / companionship. Whether it is around the home, errands, or simply some regular company.

I am always happy to lend a hand in a gracious & discreet manner.

My background includes working as a personal assistant; supporting Director-level personnel within the NHS.

Services include:

- ***Meal preparation***
- ***Errands***
- ***Companionship***
- ***Prescription collection***
- ***Shopping***
- ***Local outings / Taking to appointments***
- ***Laundry / Ironing / Light household duties***
- ***Pet care / Home check-ins***
- ***Paperwork organisation & General admin / Computer assistance***

Regular or one-off help
Local to South Norfolk
Clear DBS check
Fully insured
References available

Contact Yas

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