

CHURCH SERVICES

6	11.00a.m.	Morning Service	St. Marys	John
13	9.30 a.m.	Morning Service	St. Marys	Coryn
20	11.00a.m.	Holy Communion	All Saints'	Austin
27	9.30a.m.	Morning Service	All Saints'	Dawn

Saxlingham Services 6th 9.30am, 13th 10.45am, 20th 9.30am, 27th 8.00am HC 11.00am

CHURCH FLOWERS

All Saints'-Jane Blease, South window, Christine Howes St Mary's- Valerie Crowle, Bernie Fenn

What's On

2	Mobile Library	10.15 Grove 10.40 The Street
6	Sound Bath	10.45am Trinity hall
11	Film Night - Sound of metal	7.30pm Trinity hall
13	Walking Group	10.15 am Trinity hall
25	Conservation talk	7.30pm Trinity hall
28	Walking Group	10.15 am Trinity hall

Shotesham Walking Group -

Sunday 13th February Monday 28th February

All walks start at the Trinity at 10.15.

Everyone welcome for a non-strenuous stroll around the local paths, normally about 2-3 miles. More details from Judieharrison52@aol.com

John and Maureen Blakey have kindly sponsored this edition of 'Contact' to thank all those who have made them feel so welcome in the village.

[Contact Editor: Pat Harris email- hill.cottage@btinternet.com or 01508 550672]



SHOTESHAM CONTACT February 2022

Thought from Dawn

Love is perennial yet it is often highlighted in February as commercialism elevates Valentine's Day to dizzying heights... I'm not bah-humbugging the romantically worded cards and red roses, but the highest form of love is the love Jesus has for each one of us.

When asked about the greatest commandment, Jesus replied that it is to love God. He added that the second is like it, namely, to love others in the same way that you love yourself. These two commandments are exactly that – commandments - given in the imperative. In other words, you <u>must</u> do this, there is no option.

This tells us that genuine love does not depend on emotion. It is a matter of the will. Feelings are important but love works regardless of how we feel. We can't always explain why we find some people easier to like than others – but we can choose to act lovingly towards all people regardless of how we feel about them. This means showing respect, having their best interests at heart, treating them as we would like to be treated. We can love someone we don't necessarily like. We can act towards someone in a certain way because we know it's the right thing to do – even if we don't feel warmth or affection for that person.

The interesting thing is that when you act lovingly towards another person you find, over time, that your emotions begin to line up with your actions and before long you realise that actually, they're really quite likeable after all!

With love and blessings

Dawn

Team Rector dawndavidson@btinternet.com 01508 498924

Shotesham Parish Council

We will have our annual litter pick in early March. If you would like to take part, and the more volunteers we have the easier it is to cover the whole Parish, then can you let Heather know on 550785

or heatherbelljackson@btinternet.com

We are currently, along with the SVA, making preparations for the Queens Platinum Jubilee. More news to come.

Over the last 10 years, and particularly over the last 2 years, we have worked hard to keep any rise in the precept to a minimum. This year we have had to make a larger increase, which means an extra £2.50 per household, to cover just the basic costs of caring for the Parish.

To live with Covid?

From old Parish Council minutes: - 100 years ago.

The first business of the meeting to nominate 2 persons to serve as Parish Constables for the ensuing year. Mr Warr proposed and Mr Andrews seconded that Messrs H Riches and S Terrell be appointed. The motion was carried.

Sound Bath Sunday Feb 6th 10.45 am Trinity hall

Come along and enjoy the sounds of the gongs, crystal singing bowls, chimes, drums and tibetan singing bowls. Enjoy the vibrational healing that the instruments will provide in a relaxed calm environment.

You will be taken on a short guided meditation and then into the sound healing. You will need to bring all you need to be comfortable and warm to lay down. Garden chairs, camp beds, yoga mats, pillows and blankets can be used. Don't forget some water. Comfort is what you need! Cake will provided at the end:)

TO JOIN US ON THIS SOUND BATH I WILL NEED PAYMENT UP FRONT TO SECURE YOUR PLACE. email laurawoollacott@gmail.com or COST IS £15 EACH. Places are limited. call 01508 550122

Trade Directory for Shotesham with small personal ads

Issued twice a year. Next issue will be with April 'Contact'. The fee for a trade entry is £10.00 per year for both issues or £3.00 to place a small personal ad. To advertise please contact Trish Leighton 01508 558487 or email mp95@btinternet.com. The entry should be up to 3 lines on A5 at this sized text (extra fee for more lines) Entries by 10th March please to be included in April directory.

Shotesham Village Association

The SVA would like to take the opportunity to wish everyone a happy and successful 2022 as we continue our attempts to shrug off or, more likely, live with Covid! As always, this time of year is a bit quiet as far as events are concerned and that's even more complicated under the current circumstances. Raz and Laura have got the film night back up and running and we are hoping to have our AGM in March or April. When it does go ahead it would be good to see a few more people attend so that we can hear ideas and opinions. We are always on the lookout for new committee members and helpers at events that will hopefully come along later in the year.. There is definitely a plan to run the 10th anniversary Tour de Shotesham in April avoiding the scorching temperatures of last year and we are contemplating an ebike category.

Possible Duck race in the Summer ?? Ken

Shotesham Screen Friday 11th February 7.30 Trinity Hall

Celebrating 10 Years Free glass 🗞



SOUND OF METAL drama/music (2019) 120mins (15)

An evocative look at the experience of the deaf community. Ruben's life, as a heavy-metal drummer, is thrown into freefall when he begins to lose his hearing.

Ice cream on sale

Tickets £5 BOOKINGS ONLY Raz 550122 razwoollacott@gmail.com

Friday Feb25th 7.30 Trinity Hall, Shotesham Conservation group

will give a presentation on conservation and wildlife in the village. This should be a very interesting and social evening, don't miss it. For more information contact Bernie Fenn on 558407 Cost £3

YOU'RE BOWLS CLUB NEEDS YOU! early reminder!

I know my previous appeals for membership have fallen on fallow ears, particularly the cochleas of those who deem themselves too young (who's kidding here!) to play this great game!

Bowls is a game for **ALL AGES**, and Shotesham Bowls Club is a small friendly club that welcomes all comers, regardless of age or experience. We will be inviting you to an open day event in April to try your hand at bowling a "wood" (bowl), have a cuppa, cake and chat..and you never know...!!??

For further info, just give me a bell (550122), call in for a chat or email razwoollacott@gmail.com