



CHURCH SERVICES

The following services will follow the government guidelines. **Please bring a mask** to wear during the service **if** we are still required to wear one.

3	11.00a.m.	Holy Communion	St Mary's	Austin
10	9.30a.m.	Morning Service	St. Mary's	David Lancaster
17	11.00a.m.	Holy Communion	All Saints	Dawn
24	9.30a.m.	Morning Service	All Saints	Dawn
31	10.00a.m.	Benefice Service	Saxlingham	Dawn

Saxlingham services – 3rd 9.30am, 10th 11.00am, 17th 9.30am
24th 8.00am HC 11.00am 31st 10.00am

CHURCH FLOWERS

All Saints' Jane Blease, Pat Harris South window Julie Chilvers

St Mary's Julia Moncrief, Christine Howes, Betty Torbitt

WHAT'S ON

7	Table Tennis	6.30pm	Trinity hall
8	Film Night The Father	7.30pm	Trinity hall
9	Cutting and rake up at St. Mary's	9.30 am	St. Marys
10	Walking group	10.15 am	Trinity hall
13	Mobile Library	10.15	Grove 10.40 The street
28	Walking group	10.15am	Trinity hall

Thanks to Lotte Cardoe who has kindly sponsored this edition of Contact in loving memory of her husband Neil.



SHOTESHAM CONTACT

October 2021

Thought from Dawn

Around eighteen months ago, I injured my shoulder. It happened as I made a slow and gentle arm movement - a regular part of my repertoire of motion.

For the next few months, the smallest movement of my shoulder caused such excruciating pain that it made me yelp. Since it wasn't an emergency, I couldn't have an in-person appointment with a physio so received advice via the internet and over the phone. Two sheets of exercises emerged from my printer...

Getting dressed, washing my hair and reaching up to shelves above my head had all become seriously challenging. I began to envisage a future with all front-buttoned garments, a shorter and more manageable hair-cut and eye level storage. I followed the given exercises (with not much regularity) and prayed (frequently) in the hope of improvement.

Meanwhile, I learned that a friend had recently had a similar shoulder injury. His situation was worse than mine since he earns his living doing manual work – and is self-employed. I included him in my prayers.

My shoulder is now almost totally back to normal. The pain has gone, the mobility returned. My prayers are full of gratitude. Last time I saw my friend, I told him of the extent of this improvement in the hope that he would be encouraged in his journey of recovery.

Faced with pain of any kind, we can turn to Jesus for encouragement. He has experienced it all. Jesus said; *"In this world you will have trouble. But take heart! I have overcome the world."* (John 16:33). It may take pain (physical or emotional) to turn our hearts to prayer but through prayer we can experience the reassuring presence of God and his encouragement for all that is to come.

With my prayers

Dawn

Team Rector, Revd Dawn Davidson , dawndavidson@btinternet.com

The New Rectory, The Street, Saxlingham Nethergate, Norfolk NR15 1AJ
498924

Shotesham Parish Council.

Our regular routine is to meet bi-monthly but hold extra meetings if specific issues arise,.

Why not come to one of our meetings. The agenda is posted on the village notice boards but is also downloadable from the village website - Shotesham.com.

If you have an interest, and would like an understanding of how the P.C. works, including the various issues that we deal with, then please join us.

There are times when members of the public have wanted, without ongoing commitment, to be involved in projects within the village.

The next election is 2023 and your interest in the council is a good way of being involved.

If you want an preliminary 'chat' contact either the Chairman Heather on 550785 or the Clerk, Jeff on 550358

Our next meeting is Thursday 6th of October at 7.30 and this meeting will be in All Saints Church. Everyone is welcome.

Covid 19 self test kits-Mobile Library Collect.

Self test kits will become available via the Mobile Libraries which traverse, indeed criss-cross, the rural parishes of Norfolk visiting each one at least once per month. Simply, turn up and collect self-test kits.

Next visit 13th October 10.15am The Grove 10.40am the Street

SVA News.

Despite cancellation of the Barn Dance (which most reports we've had suggest was the correct decision), we've had a reasonable, if a bit late, start to our new season. We're now planning for some events across the Christmas season, with one or two refreshed 'old favourites' including Christmas Carols (date to be confirmed), and a couple with a different feel all together including a Children's Christmas Film party on Friday 17th Dec and a live family show on the 28th.

After the success of last year's Light up Shotesham for Christmas, we're suggesting a repeat of that commencing on Sunday 9th, and the New Year's Eve Fun Run will go ahead as usual. Details of all events will appear in Contact and on the website www.shotesham.com in due course

We're also intending to hold the much delayed AGM in October/November, details to follow.

St. Marys churchyard:

Volunteers needed: The cutting and rake up at St. Mary's churchyard needs to be completed. If you have some time, have some exercise and come and help on morning of 9th October starting at about 9.30am. Bring your own cutting tools (strimmers etc); hay rakes and forks will be provided.

(Weather permitting)

Table Tennis

Table Tennis will be starting again on Thursday 7th October and every Thursday onwards until the end of March 2022. Meetings will start at 6.30pm until 8.00pm. in The Trinity Hall. The group welcomes all players of any age and ability and is keen to welcome any new players.

Contact David Howes 558458 or Tim Drake 558418

Film Night Friday 8 October 7.30 Trinity hall, Shotesham

THE FATHER (PG-13) 97mins. Stella performances by award winning actors, Anthony Hopkins & Olivia Coleman. The Father (Hopkins) refuses all assistance from his daughter (Coleman) as he ages. As he tries to make sense of his changing circumstances, he begins to doubt his loved ones, his own mind, and even the fabric of reality. A MUST TO SEE FILM!! Tickets £5. Ice cream on sale. Raz 550122 razwoollacott@gmail.com

Film dates for your diary:-

Next Film: **NOMADLAND (12 Nov)**

And for the Christmas special

*** Snow Dancer *By Badapple Theatre Company**

Tuesday 28th December 4pm Trinity Hall, Shotesham

Something is awry in The Great Wood and the animals are desperate for a long sleep, but it is just too warm! Everyone is going around in circles and sick of nuts before Christmas is even in sight! A fairy tale with a furry tail, with plenty of laughs and songs along the way, in an original festive theatre show guaranteed to delight the whole family.

More info. in November contact.

Walking group dates

10th start 10.15 Trinity hall

28th start 10.15 Trinity hall