



CHURCH SERVICES

In keeping with government guidelines our church building is closed but ministry continues....

Tas Valley Benefice 'Zoom' Sunday services are held every week with details sent out on the Emma information village email list. For details of 'Zoom' Sunday service contact the Team Rector: Revd Dawn Davidson 01508 498924 or dawndavidson@btinternet.com

Or find us at: Website: tasvalley.org Facebook: Tas Valley Team Ministry

Shotesham Short Story Challenge.

An excellent response to the challenge has produced a very interesting story so far, please see the attached first six paragraphs. It is not too late to join in so if anyone young or old would like to participate in the challenge and write a paragraph to be added to the story please contact Ken Holbeck.

Email k.holbeck@btinternet.com. for more details. When it is your turn to write a paragraph the story so far will be sent to you to add your paragraph.

Revised Trade Directory attached

We have exceptionally revised the Spring Trade directory as there have been a couple of new entries.

Thanks to Trish Leighton for compiling the directory.

www.shotesham.com for all the latest information.

Information from Village people magazine

"During lock-down, to help all local businesses, Village People Magazine has produced an online list of businesses who are still able to offer a safe service, subject to following the government guidelines. It's a FREE service, the cost is being covered by Village People.

<https://www.village-people.info/lock-down-guide/>

Until your new copy of Village People arrives mid July, please check out the online guide to see who can help you with services locally."

Thanks to Ian and Janet Munday who have kindly sponsored this edition of Contact.



Thought from Dawn

Have you noticed how the removal of our usual routines and social interactions makes it harder to remember what day it is? There's logic in that since our routines and dealings with other people mark the days of the week and the hours of each day.

By now, most of us will have established new routines or at least some kind of pattern for each day, which, according to the experts, is good for our mental health. Recommended tips for coping well include focussing on one thing at a time – living in the moment – often called mindfulness. Also helpful is spending a few minutes each day in meditation. Doing this helps us to appreciate our blessings and avoid anxiety.

The idea of living with gratitude in the present moment is nothing new. Nor is daily meditation. The Bible encourages us to give thanks and to offer our hopes and fears to God in prayer. Sitting quietly and reflecting on the day just gone – the gifts God has brought us, the lessons he has taught us and then preparing ourselves for the day to come with joyful anticipation can transform our outlook on life. Whether you use the well-known words of ancient prayer or simply approach God in words of everyday conversation you are ideally placed to receive refreshing and encouragement for the onward journey.

With every blessing *Dawn*

Team Rector, Revd Dawn Davidson dawn@tasvalley.org The New Rectory, The Street, Saxlingham Nethergate, Norfolk NR15 1AJ 01508 498924

Shotesham Parish Council Chairman's Annual Report

We are in extraordinary times at the moment and as a result we held our first ever virtual- Zoom- meeting in May this year. Covid-19 which has had such a profound effect worldwide has emphasised how well as a village we work together with so much help being offered, and provided.

We have been meeting virtually twice weekly with representatives of the PCC [Parochial Church Council] and the SVA [Shotesham Village Association] to help coordinate this help and this has proved to be very useful.

The usual parish business has taken place over 8 meeting with average of 80% attendance.

The trustees of the Common were there for one of those meetings and gave a full explanation of their future plans and then took questions from the public who attended.

We considered 8 planning applications and had no objection to 7 of them.

Our request for our precept was set at £6,300 which was an increase of 5%.

In addition, maintenance work has been sanctioned on the war memorial, research on listing the Bowling Green as a village asset is underway. With a donation from the Village Association and work by Raz and Laura Woollacott we now have a beautiful bench on the corner of The Grove.

The playing field continues to be available to residents, whether for recreation and exercise, or for use as car parking for events in the village. We continue to maintain and improve the site by clearing overgrowth to allow greater movement around the perimeter and there has been a reduction in fly tipping this year. Take a wander and look at the magnificent Oak trees at the far end of the field. The gate to the playing field is always locked but a key is available from Jeff, Kim or Heather. The field is easily accessed for walking from the side of the gate. There is a dog waste collection bin on the gate and we thank dog owners for using this facility or else taking waste home to place in your domestic waste bin. Please contact us to discuss your requirements if you think you might like to use the site. Details of all the parish councillors can be found on the Parish notice board or the village website. *Kim Dyke*

We continue to move the speed monitoring sign around the designated spots and over time we hope this will help us to create a picture of the use of our village roads at particular times of day, as well as helping to control speed. The defibrillator has thankfully not been called on. Nevertheless it is continuously monitored and new batteries and defibrillator pads have been provided. The winter winds resulted in extensive damage to the door to the

box. The temporary repair was quickly carried out to ensure the defibrillators availability. Over the next few weeks decisions will be made on the full repair/repainting of the box.

The BT book box at The Grove has been well used and will soon be given a new name ..Phone Book. Please do access the excellent selection of books, there is no charge, though similar quality books would be welcomed.

This box will also be assessed for repairs/repainting as well

Footpaths continue to be well used by both villagers and visitors. Where landowners plough up cross field paths they are usually reinstated, if not, a friendly prompt is given. As the 'lock-down' eases steps will be taken to replace /refurbish lost/damaged signposts.

Heather Jackson. May 2020

Shotesham Parish Council with PCC and SVA – The joint group continues to meet (virtually of course) to try, with the help of various volunteers, to ensure all Shotesham residents have their needs met during these difficult times. The government announcement on 10th May indicated some let up on restrictions but the only thing we know for sure is that it will be quite some time before things are anything like normal, so Shotesham will continue to offer the assistance that we have in place. If you, or anyone else you are aware of, needs any help then please let one of the people below know. Don't forget that the website - www.shotesham.com - remains a good source of information. Many thanks to everyone for their help.

Contacts are:-

Bob Harris. 550672. hill.cottage@btinternet.com

Jeff Gough. 550358. clerk.shotesham@outlook.com

Heather Jackson 550785. heatherbelljackson@btinternet.com

Ken Munro 550736. resotan@aol.com

Shotesham All Saints church bells

You may have heard the chiming of our bells on VE day and at the Thursday 8.00pm clapping in support of NHS and front line workers. The bells are chimed via clappers on the outside of the bell with an arm to strike the inside when an attached clapper rope is pulled. There is no movement of the bell (when we ring the bells normally, the bell ropes in the ringing chamber are pulled with the bell rotating 360 degrees and the inside bell clapper striking the bell at each rotation ; each bell has its own ringer). Chiming can be carried out by just one person via the clapper ropes in the church thus following government and C of E guidelines which now allow the ringing of a bell by one person. The sound of the chiming is a little quieter than when the bells are rung in full circle. *Bob Harris*